

## Cascade Basketball League

- **Home Team** will be the team on the left/top of the schedule
  - They will wear WHITE jerseys
  - They will provide a person to do the *scorebook*.
- **Away Team** will be the team on the right/bottom of the schedule
  - They will wear DARK jerseys
  - They will provide a *clock person*.

### GAME PLAY RULES:

1. 2 - 20 Minute Running Clock Halves.
  - a. If the game is within 10 points in the last 2 min of the game, it will be stopped clock on all dead balls.
2. 3 - Minute Halftime (Might be cut down if we are behind schedule)
3. 5 - Minute minimum warm-up time (Will be extended if necessary to avoid games starting early)
4. 2 - 60 Second Timeouts per Half
  - a. Timeouts do NOT carry over to the next half. (2 - TO's per half)
  - b. 1-30 Second Timeout per Overtime, Timeouts DO NOT CARRY OVER from regulation.
5. 5 fouls per player, per game. (5 fouls results in a disqualification for the rest of that game)
6. All overtimes are 2 minutes. The first is a full 2 minutes with a stop clock. The second is SUDDEN DEATH (First team to score.)
7. No Full Court Pressing with a 20-point lead or greater.
8. Players may play for only one team during the season.
  - a. Unless a team has notified the league about a change that needs to happen prior to the game starting.
9. All players in all Divisions will shoot from the regulation free-throw line.

### 10. 5th and 6th grade specific Division Rules:

- a. 1st Half: Man to Man Defense only. No Full Court Press.
- b. *2nd Half of 5th & 6th grade games NFHS rules apply*
- c. 5th grade divisions are allowed to jump over the free throw line as long as it does not create a rebounding advantage
- d. Teams will use a 28.5 sized ball

### 11. 7th and 8th grade Specific Division Rules

- a. Use NFHS rules.
- b. No restrictions on what defenses they can play.
- c. 7th & 8th grade Boys will use a full-sized ball, girls will use a 28.5 sized ball.